

Co-designing Smart Objects for Healthier Office Work Behaviours: A Stakeholder Workshop

Time & Venue:

9:30 – 14:00, 19th October (Wednesday)

Room TBC, Jubilee Campus, The University of Nottingham



Imagine an office with a collection of smart objects, embedded with sensors and microcomputers and wirelessly connected to each other –how can they be used to motivate people to change their health behaviour? What possibilities and issues may arise when we use smart objects in the office setting to help people modify their health habits?

We are running a design workshop with potential stakeholders of a proposed novel work health intervention. Whether you are interested in this topic as an office worker yourself, or as a policy maker, scientist, workplace health coordinator, technology designer, this will be a great opportunity to learn how recently emerging digital technologies may revolutionise the future of work health. We are interested to share and generate ideas collaboratively, and to get your feedback on a prototype, which demonstrates the concept of using 'smart objects' to deliver health interventions in the workplace. This will help us improve the design of the proposed intervention and technology - we can keep you updated in 2018 on how your contribution helps to move workplace health forwards in the future.

This workshop is a free half-day session, featuring two short presentations/demos, and series of brainstorming and creative design activities. No technical or design background is required. Lunch will be provided after the workshop and travel expense can be reimbursed for.

Reservation & enquiry:

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